



41ST ANNUAL **Pediatrics for the Practitioner** Update 2026

October 15-16, 2026

Johns Hopkins School of Nursing, Anne M. Pinkard Building
Baltimore, Maryland

Presented by

Johns Hopkins University School of Medicine

Division of General Pediatrics and Division of Adolescent/Young Adult Medicine

Johns Hopkins Children's Center

Jointly Provided by the Maryland Chapter, American Academy of Pediatrics

This activity has been approved for AMA PRA Category 1 Credits™.



JOHNS HOPKINS
MEDICINE



DESCRIPTION

This course consists of didactic presentations and shorter current topic lectures to keep pediatricians, family practitioners and other child health clinicians up to date on a number of clinical practice recommendations relevant topics to pediatric primary care. Some of the topics to be covered include: childhood obesity; asthma; substance use disorders; food allergies; eczema; rheumatologic disorders; AI for Primary Care; syncope; immunizations; hypertension; contraception and much more.

WHO SHOULD ATTEND

This activity is intended for pediatricians, family practitioners, nurse practitioners and physician assistants involved in providing primary care for infants, children and adolescents.

OBJECTIVES

- Apply current guideline-based strategies to assess asthma severity and control, select appropriate controller and rescue medications, and create individualized written asthma action plans for acute and maintenance management
- Recognize red flag symptoms and extraintestinal manifestations of pediatric inflammatory bowel disease, initiate and interpret initial diagnostic testing, and determine when to refer to a pediatric gastroenterologist.
- Implement routine screening for depression in children and adolescents using validated tools, conduct a risk assessment for suicidality, and develop care plan that includes brief interventions, safety planning, and appropriate referral or collaboration with mental health specialists.
- Evaluate eligibility for pharmacologic therapy for pediatric obesity, explain the mechanism, efficacy, and safety profiles of commonly used weight management medications, and incorporate medication initiation and follow up
- Perform a focused evaluation for suspected pediatric concussion, apply evidence-based criteria for safe return to learn and return to play, and provide clear, age-appropriate guidance to families on symptom management, activity modification, and indicators for specialty referral.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Johns Hopkins University School of Medicine and Maryland Chapter, American Academy of Pediatrics. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 16.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

OTHER CREDITS

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

PAs may claim a maximum of 16.5 *Category 1 credits* for completing this activity.

NCCPA accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

MAINTENANCE OF CERTIFICATION American Board of Pediatrics (ABP)

Completion of this activity and associated assessment enables the participant to earn 16.50 ABP MOC Part 2 points.

GENERAL INFORMATION

REGISTRATION

October 15, 2026
7:45-8:10 a.m. EST

LOCATION

Johns Hopkins School of Nursing,
Anne M. Pinkard Building
525 North Wolfe Street
Baltimore, Maryland 21205

The School of Nursing is located on North Wolfe Street at McElderry Street. Directions and campus parking information are available on our website under the Contact Us tab at [HopkinsCME.cloud-cme.com](https://hopkinscme.cloud-cme.com). The closest garage is the Washington Street Garage located at the corner of Monument and Washington Streets. Johns Hopkins is smoke free.

FEES

Register Online:

hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=68094

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

Registration Type:

Physicians	\$425
Physicians Past Registrants/NAPNAP/or AAP Members*	\$395
Nurses/NPs/PAs/Allied Health Professionals	\$325
Nurses/NPs/PAs/Allied Health Professionals Past Registrants /NAPNAP/or AAP Members*	\$295
Students/Residents/Fellows*(If cost prohibitive please contact us)...	\$25
* with verification of status	
Single Day Registration Thursday, October 15th	\$215
Single Day Registration Friday, October 16th	\$215

You will receive a confirmation by e-mail. If you have not received it by **October 8, 2026**, call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on **October 8, 2026**. A handling fee of \$50 will be deducted for cancellation. An additional fee may apply for cancellation of other events, including workshops and social activities. Refund requests must be received by fax or mail by **October 8, 2026**. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

CME Website: HopkinsCME.cloud-cme.com

(Sign In, Click My CME tab, Click Syllabus)

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **November 30, 2026**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

TO REGISTER OR FOR FURTHER INFORMATION

Register Online

<https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=68094>

Register by Phone	(410) 502-9636
Register by Fax	(866) 510-7088
Confirmation/Certificates/Transcripts	(410) 502-9636
General Information	(410) 955-2959
E-mail the Office of CME	cmenet@jhmi.edu

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Facebook: facebook.com/HopkinsCME

CloudCME 

Check out our mobile app CloudCME.

Organization Code: *HopkinsCME*

For technical assistance with website, CloudCME or credits, please visit our tech support help page:

hopkinscme.cloud-cme.com/about/help

PROGRAM

THURSDAY, OCTOBER 15, 2026

7:45–8:10	Registration and Breakfast
8:10–8:15	Welcome and Conference Goals Barry Solomon, MD, MPH
8:15–8:50	Asthma Sara Sadreameli, MD, MHS
8:50–9:25	Common Sports Injuries Teri McCambridge, MD
9:25–10:00	Migraine HA Update Christopher Oakley, MD and Amanda Wood, CRNP
10:00–10:20	Break and Networking
10:20–10:55	Inflammatory Bowel Disease Kevin Cesa, MD
10:55–11:30	Optimizing Pharmacologic Care for Adolescents with Substance Use Disorders Samara Jinks-Chang, MD
11:30–12:05	Immunization Update James Campbell, MD, MS
12:05–1:00	Lunch/Meet the Expert Session
1:05–1:40	Pharmacologic Treatment of Pediatric Obesity Stephanie Green, MD
1:40–2:15	From Screening to Treatment: A High- Yield Approach to Pediatric Anxiety and Depression Hal Kronsberg, MD, and Phillip Sojka, MD
2:15–2:50	Advancements in Genetic Testing and Diagnosis Shira Ziegler, MD, PhD
2:50–3:00	Break and Networking
3:00–3:35	Anemia Workup Jennifer A Keates-Baleeiro, MD
3:35–4:10	Pediatric Hypertension John Hammond, MD
4:10–4:45	Pediatric Rheumatology Nayimisha Balmuri, MD, and Julia Shalen, MD, MAEd

FRIDAY, OCTOBER 16, 2026

7:45–8:10	Registration and Breakfast
8:10–8:15	Welcome and Conference Goals Barry Solomon, MD, MPH
8:15–8:50	AI Tools for Pediatric Primary Care Clinicians Helen Hughes, MD, MPH
8:50–9:25	Sickle Cell Disease Christle Nwora, MD
9:25–10:00	ADHD: Updates in Medication Management Rheanna Platt, MD
10:00–10:20	Break
10:20–10:55	Syncope and Chest Pain Rukmalee Vithana, MD
10:55–11:30	Food Allergies Ejiofor Ezekwe, MD, PhD
11:30–12:05	What is Comprehensive Obesity Care? Selvi Rajagopal, MD, MPH
12:05–1:05	Lunch/Meet the Expert Session
1:05–1:40	Contraception Stephanie Shea, MD, MPH
1:40–2:15	Updates on Chronic Fatigue: What Every Practitioner Should Know Peter Rowe, MD
2:15–2:50	Multidisciplinary Approach to Functional Constipation Among Pediatric Neurodivergent Children Kimberly McIltrout, MD
2:50–3:00	Break and Networking
3:00–3:35	Concussion Update Cecilia Cordova Vallejos, MD and Gray Vargas, PhD
3:35–4:10	Eczema Jaclyn Daigneault, MD
4:10–4:45	NICU Management and Primary Care Brandon Smith, MD
4:45	Adjourn

You will receive an email notification to complete the evaluation form and to attest to the number of hours in attendance.

The registration desk will remain open during conference hours.



SPEAKERS

COURSE DIRECTOR

Barry Solomon, MD, MPH
Professor of Pediatrics

PLANNING COMMITTEE

Deborah Busch, DNP, CPNP-PC, IBCLC, CNE, FAANP, FAAN
Associate Professor
Johns Hopkins University School of Nursing

Alexander Golec, MD
Assistant Professor of Pediatrics

Tina Kumra, MD
Associate Professor of Clinical Pediatrics

JOHNS HOPKINS SPEAKERS

Misha Balmuri, MD
Assistant Professor of Pediatrics
Pediatric Rheumatology

Kevin Cesa, MD
Assistant Professor of Pediatrics
Pediatric Gastroenterology

Cecilia Cordova, MD
Johns Hopkins Physician
Physical Medicine and Rehabilitation

Jaclyn Daignault, MD
Assistant Professor of Dermatology

Ejiofor Ezekwe Jr., MD, PhD
Assistant Professor of Pediatrics
Pediatric Immunology

Stephanie Green, MD
Assistant Professor of Pediatrics
Pediatric Endocrinology

John Hammond, MD
Assistant Professor of Pediatrics
Pediatric Nephrology

Helen Hughes, MD, MPH
Associate Professor of Pediatrics

Hal Kronsberg, MD
Assistant Professor of Psychiatry

Teri McCambridge, MD
Assistant Professor of Pediatrics

Kim McIltrout, DNP, CPNP-PC
Assistant Professor
Johns Hopkins School of Nursing

Christle Nwora, MD
Adolescent Medicine Fellow

Christopher Oakley, MD
Associate Professor of Neurology
Pediatric Neurology

Rhenna Platt, MD
Associate Professor of Psychiatry

Selvi Rajagopal, MD
Assistant Professor of Medicine
General Internal Medicine

Christy Sadreameli, MD, MHS
Assistant Professor of Pediatrics
Pediatric Pulmonary Medicine

Julia Shalen, MD, MAEd
Assistant Professor of Pediatrics
Pediatric Rheumatology

Steph Shea, MD, MPH
Adolescent Medicine Fellow

Brandon Smith, MD
Assistant Professor of Pediatrics
General Pediatrics

Phillip Sojka, MD
Assistant Professor

Gray Vargas, PhD
Neuropsychologist
Center for Neuropsychological and
Psychological Services

Rukmalee Vithhana, MD
Assistant Professor of Pediatrics

Amanda Wood, CRNP
Johns Hopkins Clinician
Pediatric Neurology

Shira Ziegler, MD, PhD
Assistant Professor of Pediatrics
Genetic Medicine

GUEST SPEAKERS

Jennifer Keates Baleeiro, MD
Children's National

James Campbell, MD, MS
Professor
University of Maryland School of Medicine
Center for Vaccine Development and Global
Health

Samara Jinks-Chang, MD
Assistant Professor
Children's Hospital of Philadelphia

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